

NFQ LEVEL 6

QUALIFICATIONS IN COACHING & MENTORING



COURSES STARTING: SEPTEMBER 2015 IN DUBLIN & LIMERICK. JANUARY 2016 IN DUBLIN & LIMERICK

WHO ARE THESE QUALIFICATIONS SUITABLE FOR?

The Certificate & Diploma in Coaching & Mentoring are ideal qualifications for anyone looking to incorporate coaching into their existing role or work independently as a Coach. They are designed to provide the learner with the tools to influence, guide & develop those around them.

The qualification will help those who;

- Manage large teams
- Manage virtual teams of employees
- Deal with change in the organisation
- Moving into a personnel development role.
- Individuals with a background in Business, Management, Leadership, Human Resources, Training and Development, and Service or Helping Professions.

This qualification provides the necessary skills required for managers to be highly effective and knowledgeable when dealing with employees, clients and management.

The Diploma / Certificate are run together and you can choose which award you wish to take.

BENEFITS FOR INDIVIDUALS

- Get a critical understanding of the role and responsibilities of the workplace coach and mentor
- Deepen your understanding of how coaching and mentoring can impact on an organisation
- Be able to assess your own skills, behaviours and knowledge as a coach and mentor
- Internationally recognised qualification
- Plan, deliver & review coaching in your own organisation.

BENEFITS FOR EMPLOYERS

- Ensure the managers you develop as coaches or mentors are properly equipped with the skills, knowledge and ethical understanding they need
- Develop a coaching and mentoring culture in your organisation, so that managers are able to provide effective support for the development of others and improve their performance.

AIMS OF THE LEVEL 6 QUALIFICATIONS IN COACHING & MENTORING PROGRAMME:

- Understand the role & contribution of coaching & mentoring individuals & organisations & make a case for using management coaching & mentoring in their organisations
- Review their ability to perform effectively as management coaches and mentors
- Demonstrate their ability to undertake a workplace management coaching & mentoring programme
- Develop & improve their performance, under supervision as management coaches or mentors & as reflective practitioners.



**Approved
Centre**

Course	NFQ Level	Course Duration	Training Days	Modules	Assignments	Coaching Practice hrs	Tutorial Support	Supervision hours	Cost
Diploma in Coaching & Mentoring	6	9 mths	5	3	3	100	✓	✓	€2850
Certificate in Coaching & Mentoring	6	6 mths	5	3	3	12	✓	✓	€2250

Min No. of 10 participants for programme.

	Level 6 Diploma/Certificate in Coaching & Mentoring - Three mandatory units	Diploma	Certificate
Unit 1:	'Understanding the skills, principles and practice of effective management coaching and mentoring' Aims to enable learners to understand the role and contribution of coaching and mentoring, and build a business case.	D	C
Unit 2:	'Reviewing own ability as a management coach or mentor' Aims to give learners the ability to critically review their own personal qualities, skills and competence.	D	C
Unit 3:	'Undertaking an Extended Period of Management Coaching or Mentoring in the Workplace' An extended 100 hours of coaching and mentoring, with multiple clients, with an added focus on using supervision and reflective review to develop individual practice.	D	
Unit 4:	'Undertaking Management Coaching or Mentoring in the Workplace' Requires learners to demonstrate their ability to plan, deliver and review at least 12 hours of coaching and mentoring in the workplace.		C

ABOUT CAREER & LIFE PLANNING

Career & Life Planning is a professional training & coaching company founded and managed by Joe Delaney. Joe is a qualified coach and former Recruitment Director with BDO. The company provides many management, leadership and personal development programs for different groups and individuals within the labour force.

We have developed a bespoke Coaching Methodology called the "5 Steps to Success" (supported by Enterprise Ireland) which is now established as a fresh new approach to faster and improved employee engagement while also ensuring individuals get work-life better.. then balanced.

Career & Life Planning is an approved centre for the Institute of Leadership & Management and City & Guilds.

ABOUT ILM

The Institute of Leadership & Management (ILM) is the UK's largest management body, combining industry-leading qualifications and specialist member services.

ILM forms part of the City & Guilds Group, and their primary purpose is to improve the standards of leadership and management in order to drive social and economic prosperity.

Guide to Awards

In the UK, this internationally recognised course is accredited to the UK Qualifications and Credit Framework (QFC) as a Level 5 Award.

In Ireland, this award is recognised on the National Framework of Qualifications (NFQ), as a **Level 6 Award**.



Contact Career & Life Planning

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Career & Life Planning

"Positive steps towards *your* Future"